

## **GuildNet Gold Plus FIDA Plan MMP-POS 2018 Medication Therapy Management (MTM) Program**

The MTM Program is a free service for GuildNet Medicare plan members with Part D prescription drug coverage who have certain health conditions and who take seven or more chronic medications. The MTM Program helps you and your doctor make sure that your medicines are working to improve your health. A pharmacist or a health care provider will review your prescription medicines, over-the-counter drugs, and any herbal supplements you may take to make sure they are safe and working for you. Our health care professionals will help you understand your medications and how to take them and answer any questions and concerns you may have.

### **How do I qualify for the MTM program?**

To participate in the MTM program, you must be eligible. If you qualify, we will automatically enroll you -- at no additional cost to you. The MTM Program is a voluntary program.

### **Who is eligible for the MTM Program?**

You may qualify for the MTM Program if you meet the following:

1. You have a GuildNet Medicare plan that includes Part D prescription drug coverage.
2. You use at least seven or more medications for chronic conditions.
3. You have at least three of the five following conditions:
  - Rheumatoid arthritis
  - Chronic heart failure
  - Diabetes
  - High cholesterol
  - Chronic obstructive pulmonary disease
4. You spend \$3,967 or more per year on chronic medications.

### **What will you get if you are eligible for the program?**

If you are eligible you will:

- Get a welcome letter that tells you how to get started.
  - Likely receive a call encouraging you to participate.
  - Be contacted to have a phone appointment to receive a full medication review, which includes:
    - The chance to review your medicines with a GuildNet pharmacist or health care provider. The review can take up to 30 minutes or longer depending on your medication profile. During this call, the pharmacist or health care professional will
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- review your prescription, over-the-counter medicines and any herbal supplements you may take to make sure they are safe and working for you. We want to be sure you understand your medicines and how to take them and will answer any questions and concerns you may have.
- A personal medication list, which will be mailed to you after the call. Your personal medication list includes all of the medicines you take for your chronic conditions and explains how and why you take them. You will also receive a medication action plan to remind you about what you talked about during the call and what you need to do.
  - Get quarterly reviews of your medications:
    - Every quarter, your medicines will be reviewed for any medication-related issue(s).
    - Your doctor will get a letter explaining the issue(s).

### **How can I learn more about the MTM Program?**

To find out more about the MTM Program or to see if you qualify, you can call GuildNet Pharmacy Services at **1-888-447-0321**, Monday to Friday, 9 am to 5 pm. If you have a speech or hearing impairment and use a TTY/TDD, please call 1-800-842-9710, Monday to Friday, 9 am to 5 pm.

Although the MTM program is a special program provided to GuildNet Gold Plus FIDA Plan participants, it is not considered a benefit.

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GuildNet Gold Plus FIDA Plan is a managed care plan that contracts with both Medicare and New York State Department of Health (Medicaid) to provide benefits of both programs to Participants through the Fully Integrated Duals Advantage (FIDA) Demonstration.

Benefits may change on January 1 of each year.

You can get this information for free in other languages. Call 1-800-815-0000 (TTY 711), Monday through Sunday 8am to 8pm. The call is free.

Usted puede obtener esta información en otros idiomas gratis. Llame al 1-800-815-0000 o TTY/TDD al 711, de lunes a domingo de 8am a 8pm. La llamada es gratis.

You can get this document for free in other formats, such as large print, braille, or audio. Call 1-800-815-0000 or TTY 711, Monday through Sunday, 8am to 8pm. The call is free.

The State of New York has created a participant ombudsman program called the Independent Consumer Advocacy Network (ICAN) to provide Participants free, confidential assistance on any services offered by GuildNet Gold Plus FIDA Plan. ICAN may be reached toll-free at 1-844-614-8800 or online at [icannys.org](http://icannys.org). (TTY users call 711, then follow the prompts to dial 844-614-8800.)